

5 Year Visit



Bond

Doing activities together builds the important relationship between you and your child. Find time to do something special and talk about how much you enjoy being together! Your relationship teaches your child about what to expect from future relationships.

Practice

It's important to let kids know that everyone can improve and get smarter each day. Praise your child when they put a lot of practice or hard work into an activity, even if they don't win. Saying "you can't do it YET, but you'll learn" helps your child believe they can always improve and achieve!

Avoid

Try not to shame your child when they do something wrong. If they feel like there is something wrong with them, instead of just their behavior, it can make them feel less confident about themselves and their abilities in the future.

Feel

Talk about what other people think and feel whenever you can. Connect your child's actions to feelings, like "when you ask me nicely, it makes me to feel happy" or "when you took that from your brother, you made him sad and that is why he is crying." Understanding others will help your child with social skills and behavior in school.

Concentrate

Playing games that require concentration are challenging and fun!

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Practice Positivity

Practice saying things in new ways with your child. Take turns saying something negative, then try to talk about the same thing positively. For example, "I don't like loud noises" can become "I like quiet sounds."

Suggested Age

4 years - 5 years

Vroom is not a diagnostic tool. For more info ask your child's doctor.

Brainy Background™



This game is a good way to practice describing things and people in different ways. They're practicing language skills and how to see things from someone else's point of view. These skills are helpful in having good relationships now and in the future.

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